





**MES SES & WES Elementary School Breakfast Menu**  
February 2019

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
4 <b>Choose One</b> Yogurt & Toast Donut Cereal & Toast Fruit or Juice Milk Variety	5 <b>Choose One</b> Yogurt & Toast Biscuit & Gravy Cereal & Toast Fruit or Juice Milk Variety	6 <b>Choose One</b> Yogurt & Toast Pancakes & Syrup Cereal & Toast Fruit or Juice Milk Variety	7 <b>Choose One</b> Yogurt & Toast Breakfast Sandwich Cereal & Toast Fruit or Juice Milk Variety	8 <b>Choose One</b> Yogurt & Toast French Toast/Syrup Cereal & Toast Fruit or Juice Milk Variety
11 <b>Choose One</b> Yogurt & Toast Blueberry Muffin Cereal & Toast Fruit or Juice Milk Variety	12 <b>Choose One</b> Yogurt & Toast Oatmeal & Toast Cereal & Toast Fruit or Juice Milk Variety	13 <b>Choose One</b> Yogurt & Toast Hot Honey Bun Cereal & Toast Fruit or Juice Milk	14 <b>Choose One</b> Yogurt & Toast Scrambled Eggs/ Toast Cereal & Toast Fruit or Juice Milk	15 <b>Choose One</b> Yogurt & Toast Pancake Sausage on a Stick & Syrup Cereal & Toast Fruit or Juice Milk
18 <b>No School President's Day</b> 	19 <b>Choose One</b> Yogurt & Toast Pancakes & Syrup Cereal & Toast Fruit or Juice Milk Variety	20 <b>Choose One</b> Yogurt & Toast Breakfast Pizza Cereal & Toast Fruit or Juice Milk Variety	21 <b>Choose One</b> Yogurt & Toast Biscuit & Gravy Cereal & Toast Fruit or Juice Milk Variety	22 <b>Choose One</b> Yogurt & Toast Uncrustable Cereal & Toast Fruit or Juice Milk Variety
25 <b>Choose One</b> Yogurt & Toast Donut Cereal & Toast Fruit or Juice Milk Variety	26 <b>Choose One</b> Yogurt & Toast Poptart Cereal & Toast Fruit or Juice Milk Variety	27 <b>Choose One</b> Yogurt & Toast French Toast & Syrup Cereal & Toast Fruit or Juice Milk Variety	28 <b>Choose One</b> Yogurt & Toast Break Sandwich Cereal & Toast Fruit or Juice Milk Variety	1 <b>Choose One</b> Yogurt & Toast Warm Mini Cinnis Cereal & Toast Fruit or Juice Milk Variety

**MES SES & Wingate Elementary School Lunch Menu**  
February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken Fajitas Lettuce/Cheese/Salsa Carrots Fruit Milk Variety	5 Sausage & Egg Biscuit Hash Browns Juice Scooby Grahams Milk Variety	6 Chicken Noodle Soup Cheese Stick & Cracker Spring Salad & Dressing Fruit Milk Variety	7 Cook's Choice 	8 BBQ Pulled Pork on Bun Baked Beans Fruit Milk Variety
11 Cheese Sticks & Sauce Carrots Juice Milk Variety	12 Toasted Cheese Sandwich Baked Beans Juice Milk Variety	13 Spaghetti & Meat Sauce Hot Roll & Margarine Salad & Ranch Dressing Fruit Milk Variety	14 Heart Shaped Nuggets BBQ Sauce/Ketchup Broccoli Juice Jell-O Cake Milk Variety 	15 Pizza Corn Fruit Milk Variety
18 <b>No School President's Day</b> 	19 Hamburger on Bun Ketchup/Mustard/Pickle French Fries Juice Milk Variety	20 Roasted Pork Mashed Potatoes & Gravy Fruit Milk Variety	21 Tacos Cheese/Lettuce/Salsa Green Beans Juice Milk Variety	22 Fish Stick & Ketchup Buttered Noodle Carrots Fruit Milk Variety
25 Cheeseburger Helper Bread & Margarine Carrots Fruit Milk Variety	26 Chicken Nuggets BBQ Sauce/Ketchup Broccoli Juice Milk Variety	27 Texas Straw Hats Pinto Beans Fruit Rice Krispy Square Milk Variety	28 BBQ Chicken on Bun Tater Tots Juice Milk Variety	1 ½ Day No Lunch Will Be Served

**Main Entrée Substitutions:** Peanut Butter & Jelly Uncrustable - Offered Daily

Breakfast Price 1.45  
Reduced Price .30  
Adult Breakfast 2.30  
Lunch Price 2.45  
Reduced Price .40  
Adult Lunch 3.40

USDA is an equal opportunity provider and employer.